RECEIVING TRUE HEALING

The Unseen War – Part 9
October 28, 2018

7 KEYS TO EXPERIENCING DIVINE HEALING

- 1. Trust that God is always seeking our <u>wholeness</u> and <u>wellness</u>.

 May God himself, the <u>God who makes everything holy and whole</u>, make you holy and whole, <u>put you together—spirit, soul, and body—and keep you fit</u> for the coming of our Master, Jesus Christ. 1 Thessalonians 5:23 MSG
- 2. Healing should be more of the expected <u>norm</u> than the <u>exception</u>. [Jesus] welcomed them and spoke to them about the kingdom of God, <u>and healed those who</u> <u>needed healing</u>. Luke 9:11b NIV

Then he touched their eyes and said, "<u>According to your faith will it be done to you</u>." – Matt. 9:29 NIV

3. Confession and <u>receiving forgiveness</u> are foundational to healing.

<u>When I kept silent about my sin, my body became weak</u> because I groaned all day long. Day and night your heavy hand punished me. <u>I became weaker and weaker</u> as I do in the heat of summer. Then I admitted my sin to you...and you forgave the guilt of my sin. – Ps. 32:3-5 NIRV

So then, <u>confess you sins to one another</u> and pray for one another, <u>so that you will be healed</u>.

– James 5:16 GNT

He forgives all my sins and heals all my diseases. – Psalm 103:3 NLT

- **Luke 5:17-26**
- ➤ Breaking free from <u>guilt</u> and <u>shame</u> is often a prerequisite to healing.

 Because of your anger, my whole body is sick; <u>my health is broken because of my sins</u>. <u>My</u> guilt overwhelms me—it is a burden too heavy to bear. Ps. 38:3-4 NLT

Dear friends, if we don't feel quilty, we can come to God with confidence. And we will receive from him whatever we ask.... – 1 John 3:21-22a NLT

And so I do my best to have a clear conscience before God and people. – Acts 24:16 GNT

4. When we forgive others, healing begins in us.

"For if you forgive men when they sin against you, your heavenly Father will also forgive you. But if you do not forgive men their sins, your Father will not forgive your sins." – Matt. 6:14-15 NIV

See to it that no one falls short of the grace of God and that no bitter root grows up to cause trouble and defile many. – Heb. 12:15 NIV

5. God wants us to utilize the <u>people</u> and <u>resources</u> around us.

Stop drinking only water, and <u>use a little wine because of your stomach and your frequent illnesses</u>. – 1 Timothy 5:23 NIV

<u>He took Peter, James and John along with him</u>, and he began to be deeply distressed and troubled. "My soul is overwhelmed with sorrow to the point of death," he said to them. "<u>Stay here and keep watch</u>." – Mark 14:33-34 NIV

- 6. Be direct in <u>casting out</u> any demonic spirits causing pain or sickness. "Lord, have mercy on my son," he said. "He has seizures and is suffering greatly...." <u>Jesus rebuked the demon, and it came out of the boy and he was healed from that moment</u>. Matt. 17:15, 18 NIV
 - **Luke 13:10-17**
 - 7. Be bold and persistent in asking God for healing.

This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him. – 1 John 5:14-15 NIV

Are you sick? Call the church leaders together to pray and anoint you with oil in the name of the Master. <u>Believing-prayer will heal you</u>, and <u>Jesus will put you on your feet</u>. And if you've sinned, you'll be forgiven—<u>healed inside and out</u>. – James 5:14-15 MSG