

# **GREAT SEX WITH NO REGRETS**

## **Love, Sex, Romance and Reality – Part 4 of 5**

*March 1, 2015*

### **1. Sex isn't God's big (no-no); it is His big (YES)!**

*Rejoice in the wife of your youth, a lovely deer, a graceful doe. Let her breasts fill you at all times with delight; be intoxicated always in her love.* – Proverbs 5:18-19 ESV

### **2. Sex is designed as a unique benefit of (marriage).**

*Each man should have his own wife, and each woman should have her own husband. The husband should fulfill his wife's sexual needs, and the wife should fulfill her husband's needs. The wife gives authority over her body to her husband, and the husband gives authority over his body to his wife. Do not deprive each other of sexual relations....* – 1 Corinthians 7:2-5 NLT

*God's will is for you to be holy, so stay away from all sexual sin. Then each of you will control his own body and live in holiness and honor—not in lustful passion like the pagans who do not know God and his ways.* – 1 Thess. 4:3-5 NLT

*Don't fool yourselves. Those who indulge in sexual sin, or who worship idols, or commit adultery, or are male prostitutes, or practice homosexuality, or are thieves, or greedy people, or drunkards, or are abusive, or cheat people—none of these will inherit the Kingdom of God.* – 1 Corinthians 6:9-10 NLT

### **3. Great sex begins in the (kitchen).**

*Husbands, go all out in love for your wives.* – Colossians 3:19 MSG

*Love cares more for others than for self.* – 1 Corinthians 13:4 MSG

*Serve one another humbly in love.* – Galatians 5:13 NIV

**“Sex is an expression of intimacy, not the means to intimacy. True intimacy springs from verbal and emotional communion. True intimacy is built on a commitment to honesty, love, and freedom. True intimacy is not primarily a sexual encounter. Intimacy, in fact, has almost nothing to do with our sex organs. A prostitute may expose her body, but her relationships are hardly intimate.”** – Alice Fryling in “Why Wait for Sex”

### **4. Keep it (fresh), (real), and focused on your spouse's needs.**

*Pendant earrings line the elegance of your cheeks; strands of jewels illumine the curve of your throat.... When my King-Lover lay down beside me, my fragrance filled the room. His head resting between my breasts.... And you, my dear lover—you're so handsome! And the bed we share is like a forest glen.* – Song of Solomon 1:10-12, 16 MSG

*You are slender like a palm tree, and your breasts like clusters of fruit. I said, "I will climb the palm tree and take hold of its fruit." May your breasts be like grape clusters, and the fragrance of your breath like apples. May your kisses be as exciting as the best wine.... I am my lover's, and he claims me as his own. – Song of Solomon 7:7-10 NLT*

5. Most sexual brokenness begins with our (eyes) and (minds), not our bodies.

[Jesus]: *"You know the next commandment pretty well, too: 'Don't go to bed with another's spouse.' But don't think you've preserved your virtue by simply staying out of bed. Your heart can be corrupted by lust even quicker than your body. Those leering looks you think nobody notices—they also corrupt." – Matthew 5:27-28 MSG*

*"Your eye is a lamp that provides light for your body. When your eye is good, your whole body is filled with light. But when your eye is bad, your whole body is filled with darkness." – Matthew 6:22-23 NLT*

*Run from sexual sin! No other sin so clearly affects the body as this one does. – 1 Corinthians 6:18 NLT*

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### **This Week at Freedom:**

**Small Group Leaders' Meeting:** Tuesday, 6:00-8:00, in Suite D

**Freedom Youth:** Wednesday, 6:00-8:00, in Suite D

**Celebrate Recovery:** Thursday, 6:15 (dinner), 7:00 (meeting), in Suites C & D

**Youth Fellowship Now:** March 6-7, at Lee and Cindy Fruh's home

**Make-A-Wish Walk:** Saturday, March 7, 8:00 at Battleship Park

Don't forget to move your clocks ahead one hour on Saturday!